



Have a

PICNIC

↑ Make a picnic to take with you



some food ideas



SOME THINGS TO BRING WITH YOU:
- A Basketball - A Kite - A Sketchbook
- A Football - A Frisbee - A Camera

MEADOW

VALE



PLAYING FIELDS

Play funny frisbee
OR USE A BALL FOR THROWING
DON'T BE BORING, try throwing a frisbee under your arm or over your head. Can your partner catch it without moving their feet? How about tapping it with the other. Instead of waddling to catch it, try running to catch it, try Can you catch with one hand?



TO MAKE YOUR MASSIVE BUBBLE MIX YOU NEED:

- 3 cups of water
- 1/4 of a cup of dish soap
- 1/4 of a cup of cornstarch
- 1 teaspoon of baking powder
- 1 teaspoon of glycerine (you can get this in the cake making section of the supermarket).

← this recipe is better

- OR
- 2 cups of water
 - 2 teaspoons of sugar
 - 1/2 cup of dish soap

Make MASSIVE Bubbles

Mix up all of the ingredients & put the mix into a larg(ish) piece of tupperware

FINALLY MAKE YOUR GIANT BUBBLE WAND - for this you need 2 sticks and some string that's at least 50 cm long... depending on how big you want your bubbles!

- Tie the string into a loop and secure it with a good knot.
- Tie the sticks onto the string, around 30cm cm apart from eachother.

Dip your sting into the mix and give it a good whirl about. To make a bubble move your string through the air, or if's windy you could let nature do the work!

